

Reformed University Fellowship **Training Disciples Conference**

Training Plan Worksheet A – the Person

1. Who are you planning to train?
2. Describe him.
 - a. What is his major? Why is he studying that? What are his future plans?
 - b. Where is he living? How does he like it? How well does he get along with his hallmates?
 - c. Where is his home? Has he lived anywhere else?
 - d. Describe his family: father, mother, siblings, pets, employment, vacations, etc.
 - e. What are his hobbies/interests?
 - f. Does he/she have a girlfriend/boyfriend? Describe his/her friends.
 - g. Where does he go to church? How committed is he to the church?
 - h. How long has he been a Christian? How strong is his Christian life? How regular is his personal prayer and Bible reading?
 - i. To what extent does he serve others? What is his involvement in RUF?
 - j. What are the major issues in his life?
 - k. What might hold him back from hearing and applying God's word?

* Consult "Getting to Know People" for more ideas about knowing someone.

3. Why have you selected this person?
 - a. How strong is his foundation for training (believer, member and involved in a sound church, growing spiritually)?

 - b. Is he eager to learn? How do you know?

 - c. Is he teachable? What evidence is there?

 - d. Other reasons?

4. What responsibility will you be training him to cover?

5. How do you plan to insert yourself into his life and integrate him into your life?
 - a. What ministry will you do together?

 - b. Will you share meals? When?

 - c. What other activities will you do together?

 - d. How will you incorporate him into your social life? How often will you see him each week?

 - e. Write specific activities you will do together in the next three weeks. Include date and place.
 - 1) Week 1

 - 2) Week 2

 - 3) Week 3

2. When and where will you teach these things? In how many sessions?

3. When and where will you demonstrate how this responsibility is to be handled?
 - a. Controlled environment?

 - b. Real life situations?

4. When will you observe him practicing this responsibility?
 - a. Controlled environment?

 - b. Real life situations?

5. How will you supervise him?
 - a. When and where will you observe him exercising this responsibility on his own?

 - b. How often do you expect him to report to you? In what form should these reports be given? (paper, email, phone call, etc.)

 - c. How do you plan to provide him with feedback on his performance? How often will you do this?

6. What books will you use to help him grow into this responsibility?

7. What conferences or other events will help him?

8. Put your plans from page 2 into a weekly plan. Each week include how you will *teach, demonstrate, observe, and evaluate* this person. Include *when* and *where* you will do this.

a. Week 1

b. Week 2

c. Week 3

d. Week 4

e. Week 5